



## Group CLS

The Ready for Life Group CLS program is designed to enrich the lives of adults with disabilities by helping them gain proficiency in skills related to safety, relationship building, socialization, leadership, community integration, recreation, and independent living skills. The program also promotes building pre-employment skills for those individuals who may want to pursue employment outside of Ready For Life.

RFL staff assist each individual in maintaining and increasing their skills by focusing on the goals stated in their Person-Centered Plan. Teaching and coaching take place in group settings in the community and at our service location. This unique combination of settings enables us to serve individuals with a variety of developmental diagnoses. RFL provides opportunities for individuals to engage in preferred activities, interactions with preferred individuals, emotion, sensory and physical exercises and breaks from overstimulating environments.

## Community Partners and Volunteer Sites



**FREDERIK MEIJER**  
Gardens & Sculpture Park



**JOHN BALL ZOO**



**Kids' Food Basket**



**ARTS**  
IN MOTION



**RONALD McDONALD**  
HOUSE CHARITIES



**Beer City**  
DOG BISCUITS



**FEEDING**  
AMERICA



**COMMUNITY**  
**FOOD CLUB**



**MEALS ON WHEELS** WESTERN MICHIGAN

## FAST FACTS

Age	26+
Calendar	Year-round
Schedule	Monday-Friday, 9am-3pm, Attendance is based on the individual's needs
Length of Program	Indefinite
Numbers	25 clients maximum a day, 5:1 client to staff ratio
Program Components	A minimum of 2-3 hours in the community each day
Transportation	RFL provides door-to- door transportation within the boundaries covered by the Rapid Go Bus and Hope Network