

## Person-Centered Planning

Each client in the program has goals based on their Person-Centered Plan that are monitored and supported by our staff. Staff is trained through community mental health service agencies to provide guidance and help the client reach his or her goals.

The Ready for Life Group CLS is funded by Medicaid through the use of group community living support units.

Each client has a Supports Coordinator they meet with for regular check-ins and annually to create the Person-Centered Plan. Our staff is involved



### Ready for Life

3250 28th St, Ste 102  
Grand Rapids, MI 49512

Phone: 616-248-3775  
Fax: 616-419-4152  
E-mail: [info@rflnetwork.org](mailto:info@rflnetwork.org)  
Website: [www.rflnetwork.org](http://www.rflnetwork.org)

## Ready For Life Group CLS Program

Belong · Believe · Become

Ready for Life provides a community based training program for adults with developmental disabilities. Each client is part of the Ready for Life community as well as the greater Grand Rapids community (belong). Each has the autonomy to choose the volunteer site he/she will attend (believe), while gaining the independence skills they need to reach their goals (become).

When not at a volunteer site, clients are engaging in social emotional lessons in the classroom, exploring Kent and surrounding counties, enjoying leisure activities, working on their physical well-being and forming friendships with their peers.





## Group CLS

The Ready for Life Group CLS program is designed to enrich the lives of adults with disabilities by helping them gain proficiency in skills related to safety, relationship building, socialization, leadership, community integration, recreation, and independent living skills. The program also promotes teaching preemployment concepts such as attendance, task completion and problem solving for those individuals who may want to pursue employment outside of Ready For Life.

RFL staff assist each individual in maintaining and increasing their skills by focusing on the goals stated in their Person-Centered Plan. Teaching and coaching take place in group settings in the community and at our service location. This unique combination of settings enables us to serve individuals with a variety of developmental diagnoses. RFL provides opportunities for individuals to engage in preferred activities, interactions with preferred individuals, emotion, sensory and physical exercises and breaks from overstimulating environments.

## Community Partners and Volunteer Sites



## FAST FACTS

Age	26+
Calendar	Year-round
Schedule	Monday-Friday, 9am-3pm, Attendance is based on the individual's needs
Length of Program	Indefinite
Numbers	25 clients maximum a day, 5:1 client to staff ratio
Program Components	A minimum of 2-3 hours in the community each day
Transportation	RFL provides door-to-door transportation within the boundaries covered by the Rapid Go Bus and Hope Network